

Directory of Support Services and Agencies in the Eastern Ontario Health Unit Area



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ADDICTION

Addiction Services of Eastern Ontario

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Cornwall Detox Centre

The Salvation Army

Grace Arbour (a.k.a. Maison de mon père)

Addiction Services of Eastern Ontario

205 Second Street East, Cornwall, ON K6H 1Y6

Tel: 613-936-9236 or 1 800 272-1937

Fax: 613-936-1917

Contact: Glenn Barnes

*Satellite offices exist in Alexandria, Hawkesbury, Winchester and Rockland

Language: French, English

Age Group: Not specified

Area Served: Eastern Ontario

Comment: Offers individual counseling and a relapse prevention support group.

Al-Anon

Tel: 613-933-8441

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas and Glengarry

Comment: Provides a support group for the family members of persons affected by alcohol-related problems.

Cornwall Detox Centre

510 Second Street East, Cornwall, ON K6H 1Z6

Tel: 613-938-8506 (Call collect)

Fax: 613-938-2867

Contact: Marc Giguère

Language: French, English

Age Group: 16 years and older

Area Served: Stormont, Dundas, Glengarry, Prescott-Russell and Akwesasne

Comment: Provides withdrawal management and counseling for high-risk clients, among other services.

Grace Arbour (a.k.a. Maison de mon père)

P.O. Box 995, 3053 Pitt Street, Cornwall, ON K6K 1A9

Tel: 613-938-2799

Fax: 613-938-6788

Contact: Jenny Roebuck

Language: French, English

Age Group: 13 to 18 years (Girls only)

Area Served: Eastern Ontario

Comment: Offers counseling to young girls on a variety of subjects, including life skills and substance misuse. Group home for young girls.

Narcotics Anonymous (Alcoholics Anonymous)

Tel: 613-938-1984 or 613-330-9750

Contact: Monique and Sharon

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas and Glengarry

Comment: Provides a support group for persons affected by alcohol-related problems.

The Ontario Lung Association

Tel: 1 800 972-2636

Age Group: Not specified

Area Served: Ontario

Comment: Provides information regarding lung disease and its prevention. A quit smoking program is available.

The Salvation Army

500 York Street, Cornwall, ON K6J 3Z8

Tel: 613-932-8311

Fax: 613-932-7736

Contact: Glenn Wirvchowsky (613-932-7515)

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas and Glengarry

Comment: Offers rehabilitation program for drug, alcohol and physical abuse problems. Also offers an emergency food bank, emergency shelter, Christian counseling, baby dedications and weddings.

ADULT EDUCATION AND EMPLOYMENT SUPPORT

<i>Cardinal & District Community Centre</i>	<i>Human Resource Development Canada - Cornwall</i>
<i>Centre d'apprentissage et de formation PLUS</i>	<i>Service Canada Centre - Hawkesbury</i>
<i>City of Cornwall Ontario Works</i>	<i>St. Matthew Catholic Learning Centre</i>
<i>Employment & Educational Resource Centre Inc.</i>	<i>Tri-County Literacy Council</i>
<i>Employment Services Centre of Prescott-Russell</i>	<i>T.R. Leger School, Adult and Alternative Studies</i>
<i>The Glengarry Inter-Agency Group Inc. and Glengarry Liaison</i>	

Cardinal & District Community Centre

4015 Dishaw Street, Cardinal, ON K0E 1E0

Tel: 613-657-3210
Contact: Barry Stitt
Language: French, English
Age Group: Not specified
Area Served: Dundas County
Comment: Services to improve people's social, economic and health environment.
Smart Planning for Employment and Career.

Centre d'apprentissage et de formation PLUS

123 Pitt Street, Cornwall, ON K6J 3P5

Tel: 613-932-0165
Fax: 613-932-9400
Contact: Celine Baillargeon-Tardiff
Language: French
Age Group: Adults
Area Served: Cornwall
Comment: Offers reading, writing and mathematical education, as well as work experience and related workshops (e.g. cooking, budgeting, life skills).

City of Cornwall Ontario Works

P.O. Box 877, 111 Water Street East, Cornwall, ON K6H 5T9

Tel: 613-933-6282 (Cornwall)
613-525-0628 (Alexandria)
Fax: 613-932-6969 or 613-932-9930 (Cornwall)
613-525-4699 (Alexandria)

Language: French, English

Age Group: 16 years and older

Area Served: Cornwall

Comment: Offers strategies and techniques for interviews, résumé writing, employment search, work experience and training to individuals on social assistance. Uses the *Job Search* program.

Employment and Educational Resource Centre Inc. (a.k.a. Job ZONE)

144 Pitt Street, Cornwall, ON K6J 3P4

Tel: 613-933-9675

Fax: 613-933-9689

Contact: Wendy Woods Fontaine
*Satellite offices in Winchester and Chesterville

Language: French, English

Age Group: 16 years and older

Area Served: Stormont, Dundas and Glengarry

Comment: Provides, for the intent of seeking employment, Internet access, résumé writing, copying, long distance telephone calls, a career library and fax machine access. Also offers *JobConnect* program.

Employment Services Centre of Prescott-Russell Inc.

2229 Laurier Street, Rockland, ON K4K 0B7

Tel: 613-446-4189

Fax: 613-446-1047

134 Main St. E., Suite 201, Hawkesbury, ON K6A 1A3

Tel: 613-632-0179

Fax: 613-632-1781

Contact: André Roy

Language: French, English

Age Group: 16 years and older

Area Served: Prescott-Russell

Comment: Helps unemployed clientele obtain or keep employment. Offers *Job Connect* program, WSIB, ODSP, Ontario Works and Employment Insurance Program.

The Glengarry Inter-Agency Group Inc. and Glengarry Liaison

Highway 34 South, Alexandria, ON K0C 1A0

Tel: 613-525-4802
Fax: 613-525-4699
Contact: Jo-Anne Trottier
Language: French, English
Age Group: Not specified
Area Served: Stormont, Dundas, Glengarry and Charlottenburgh
Comment: The Ontario Early Years Centre lends toys, while Glengarry Liaison provides support for those seeking employment, including Internet access.

Human Resource Development Canada - Cornwall

111 Water Street East, Suite 100, Cornwall, ON K6H 6S4

Tel: 613-938-5731
Fax: 613-938-9876
Language: French, English
Age Group: 18 years and older
Area Served: Stormont, Dundas and Glengarry
Comment: Helps the unemployed find jobs or collect Employment Insurance between jobs.

Service Canada Centre – Hawkesbury

134 Main Street East, Suite 101, Hawkesbury, ON K6A 1A3

Tel: 613-632-2759
Fax: 613-632-6976
Language: French, English
Age Group: 18 years and older
Area Served: Prescott
Comment: Helps the unemployed find jobs and supplies Employment Insurance between jobs. Provides information regarding access to all federal programs. For more information, visit www.servicecanada.gc.ca.

St. Matthew Catholic Learning Centre

822 Marlborough Street, Cornwall, ON

Tel: 613-930-9928

Fax: 613-932-2887

Language: English

Age Group: 16 years and older

Area Served: Stormont, Dundas and Glengarry

Comment: Provides the Youth Workplace Apprenticeship Program for high school students 16 years and older. Also provides learning evaluations and counseling for adults over the age of 18 receiving some form of social assistance.

Tri-County Literacy Council

101 Second Street West, Cornwall, ON K6J 1G4

Tel: 613-932-7161

Fax: 613-932-5121

Contact: Dina McGowan

Language: English

Age Group: Adults and children

Area Served: Stormont, Dundas and Glengarry

Comment: Literacy skill assessment and literacy and basic training for adults. Family literacy and children's programs are available. For more information, visit www.tricountyliteracycouncil.ca

T.R. Leger School, Adult and Alternatives Studies

Windmill Point, 2 Belmont Street, Cornwall, ON K6H 4Z1

Tel: 613-936-1825

Alexandria campus: 613-525-1700

Morrisburg campus: 613-543-2375

Winchester campus: 613-774-0222

Fax: 613-930-7254

Language: English only

Age Group: 14 years and older

Area Served: Stormont, Dundas and Glengarry

Comment: Students of all ages can obtain academic credits. Offers adult learners literacy skill development.

ASSAULT/ABUSE SUPPORT

Centre Novas

Naomi's Family Resource Centre

Children's Aid Society

Sexual Assault Support Services for Women of Stormont, Dundas, Glengarry and Akwesasne

Maison Baldwin House

Stormont, Dundas, Glengarry and Akwesasne Children's Treatment Centre

Maison Interlude House - Alexandria

Maison Interlude House - Hawkesbury

Centre Novas

P.O. Box 410, 25 Industrial Rd., Casselman, ON K0A 1M0

Tel: 613-764-5700 or 1 866 772-9922

Fax: 613-764-0678

Language: French

Age Group: 16 years old and over

Area Served: Prescott-Russell

Comment: Offers assistance to francophone women who have experienced sexual abuse.

Children's Aid Society

P.O. Box 983, 150 Boundary Road, Cornwall, ON K6H 5V1

Tel: 613-933-2292 or 1 866 939-9915

Fax: 613-933-6767

Contact: Rachel Daigneault

Language: French, English

Age Group: Children under the age of 16 years, expectant mothers

Area Served: Stormont, Dundas and Glengarry

Comment: Deals with abuse or neglect of children under the age of 16.

Maison Baldwin House

P.O. Box 1302, Cornwall, ON K6H 5V9

Tel: 613-938-2958 or 613-937-2958

Outreach Tel: 613-938-7000

Fax: 613-936-0605 or 613-938-9666

Contact: Debbie

Language: French, English

Age Group: 16 years old and over

Area Served: Stormont, Dundas and Glengarry

Comment: Offers support for assault and abuse victims.

Maison Interlude House - Alexandria

256 Industrial Blvd., Alexandria, ON K0C 1A0

Tel: 613-525-5338 or 1 800 461-1842
Fax: 613-525-4209
Language: French, English
Age Group: 16 years and older
Area Served: Stormont, Dundas, Glengarry and Prescott-Russell
Comment: Offers support and outreach services for abused women.

Maison Interlude House - Hawkesbury

1180 Landsdowne Street, Hawkesbury, ON K6A 1J1

Tel: 613-632-1131
Fax: 613-632-1528
Contact: Céline Pelletier (613-632-1591)
Language: French, English
Age Group: Not specified
Area Served: Stormont, Dundas, Glengarry and Prescott-Russell
Comment: Offers transportation in crisis situations, will accompany client to appointments. Occasionally provides group support.

Naomi's Family Resource Centre

P.O. Box 849, 607 St. Lawrence Street, Winchester, ON K0C 2K0

Tel: 613-774-2838
Crisis Line: 1 800 267-0395
Fax: 613-774-0620
Language: English (mostly)
Age Group: Women over 16
Area Served: Stormont, Dundas, Glengarry and Prescott-Russell
Comment: Emergency shelter for abused women and children. Offers counseling and referral to outreach programs. A child and youth worker is available at the shelter, as well as transportation to appointments.

**Sexual Assault Support Services for Women
of Stormont, Dundas, Glengarry and Akwesasne**

P.O. Box 1192, Cornwall, ON K6H 5V3

Business Tel: 613-932-1755

Fax: 613-932-1548

English Crisis

Line: 613-932-1603 or 1 800 461-8192

Contact: Suzanne (Ext. 24)

French Crisis

Line: 613-932-1705 or 1 800 463-0174

Contact: Suzanne (Ext. 24)

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas, Glengarry and Akwesasne

Comment: A crisis line for women only. A woman will accompany the client to her appointments.

**Stormont, Dundas, Glengarry and Akwesasne
Children's Treatment Centre**

305 A Second Street, Cornwall, ON K6H 1Y8

Tel: 613-933-4400 or 1 888 643-0003

Fax: 613-933-3984

Language: French, English

Age Group: Between 5 and 18 years

Area Served: Stormont, Dundas, Glengarry and Akwesasne

Comment: Offers counseling to children between the ages of 5 and 18. Deals with abuse of all types.

COMMUNITY EDUCATION

Addiction Services of Eastern Ontario

Pro-Life/Pro-vie

Canadian Mental Health Association

Sexual Assault Support Services for Women of Stormont, Dundas, Glengarry and Akwesasne

Community Care Access Centre

Single Point Access

Eastern Ontario Health Unit

Tri-County Literacy Council

Heart and Stroke Foundation of Ontario

Kidney Foundation of Canada – Ontario Branch

Addiction Services of Eastern Ontario

205 Second Street East, Cornwall, ON K6H 1Y6

Tel: 613-936-9236 or 1 800 272-1937

Fax: 613-396-1917

Contact: Glenn Barnes

*Satellite offices exist in Alexandria, Hawkesbury, Winchester and Rockland.

Language: French, English

Age Group: Not specified

Area Served: Eastern Ontario

Comment: A Prevention Worker presents material to schools. Offers individual and relapse support group.

Canadian Mental Health Association

329 Pitt Street, Cornwall, ON K6J 3R1

Tel: 613-933-5845 or 1 800 493-8271

Fax: 613-936-2323

Language: French, English

Age Group: 16 years and older

Area Served: Stormont, Dundas, Glengarry and Prescott-Russell

Comment: Provides client-centred community support for people living with a severe and/or persistent mental illness. Mental Health Promotion Program activities seek to improve attitudes towards mental illness, promote mental health and prevent mental illness. Speakers and workshops are available upon request. For more information, visit www.cmha-east.on.ca.

Community Care Access Centre (CCAC)

709 Cotton Mill Street, Cornwall, ON K6H 7K7

Tel: 613-936-1171 or 1 800-267-0852

Admin. Fax: 613-936-0644

Service Fax: 613-933-9916

Contact: Donna Spagnolo

P.O. Box 616, 457 Main Street East, Winchester, ON K0C 2K0

Tel: 613-774-2800

Fax: 613-774-2891

20260 Hwy 43, Alexandria, ON K0C 1A0

Tel: 613-525-1213

Fax: 613-525-3534

2nd Floor, West Wing, 1111 Ghislain Street, Hawkesbury, ON K6A 3G5

Tel: 613-632-1607

2nd Floor, 787 Principale Street, Casselman, ON K0A 1M0

Tel: 613-764-0557

Fax: 613-764-3695

Language: French, English

Age Group: Not specified

Area Served: Eastern Counties

Comment: A one-stop access point to community-based health care services. Part of a province-wide community care network able to coordinate services for individuals, regardless of where they live in Ontario. Funded by the Ontario Ministry of Health and Long-Term Care.

Eastern Ontario Health Unit

1000 Pitt Street, Cornwall, ON K6J 5T1

Tel: 613-933-1375

Health Line/

Appel Santé: 1 800 267-7120

Fax: 613-933-7930

Contact: Dr. Paul Roumeliotis, Medical Officer of Health

*Satellite offices in Alexandria, Casselman, Hawkesbury, Rockland and Winchester.

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas, Glengarry and Prescott-Russell

Comment: Promotes and protects the health and wellness of the community by preventing diseases and injuries by offering multiple programs that advocate for a safe and healthy environment.

Heart and Stroke Foundation of Ontario

36 Second Street East, Cornwall, ON K6H 1Y3

Tel: 613-938-8933

Fax: 613-938-0655

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas, Glengarry and Prescott-Russell

Comment: Educates general public and health professionals on cardiovascular and cerebrovascular health.

Kidney Foundation of Canada – Ontario Branch

603 Power Dam Drive, Cornwall, ON K6H 1K5

Tel: 1 800 387-4474

Language: French, English

Age Group: Not specified

Area Served: Ontario

Comment: Offers presentations in high schools on healthy eating and information on kidney disease and organ donation.

Pro-Life/Pro-vie

812 Pitt Street, Room 27, Cornwall, ON K6J 5R1

Tel: 613-937-0536

Contact: Joan Lemieux

Hours: Wednesday only: 1:00 to 4:00 p.m.

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas and Glengarry

Comment: Promotes respect for life from conception to death. Speakers will travel to provide information seminars to individuals or groups.

**Sexual Assault Support Services for Women
of Stormont, Dundas, Glengarry and Akwesasne**

P.O. Box 1192, Cornwall, ON K6H 5V3

Business Tel: 613-932-1755

English Crisis

Line: 613-932-1063 or 1 800 461-8192

French Crisis

Line: 613-932-1705 or 1 800 463-0174

Contact: Suzanne, ext. 24

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas, Glengarry and Akwesasne

Comment: Offers public education to community groups, schools and colleges, as well as information kits on sexual violence.

Single Point Access

132 Second Street East, Cornwall, ON K6H 1Y4

Sixth Floor, Suite 6116, Cornwall, ON K6H 5S5

Tel: 613-938-9909 or 1 888 286-KIDS (5437)

Fax: 613-938-9671

*Satellite offices exist

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas and Glengarry

Comment: Access to children, youth and family services.

Tri-County Literacy Council

101 Second Street West, Cornwall, ON K6J 1J4

Tel: 613-932-7161

Fax: 613-932-5121

Contact: Dina McGowan

Language: English

Age Group: Adults and children

Area Served: Stormont, Dundas and Glengarry

Comment: Literacy skill assessment and literacy and basic skills training for adults. Family literacy and children's programs available. For more information, visit www.tricountyliteracycouncil.ca.

COMMUNITY SUPPORT

*Boutique Chez Toi – Association
communautaire de Prescott-Russell*

Canadian Liver Foundation

Canadian Mental Health Association

The Canadian Red Cross Society

Casselman Food Bank

Centraide de Rockland

Centre Agapé

Cornwall & District Immigrant Service Agency

Dundas County Food Bank

Eastern Ontario Health Unit

L'Église de Dieu Food Bank

*Food Bank –
Hammond/Clarence Creek/St. Pascal*

*The Glengarry Inter-Agency Group Inc. and
Glengarry Liaison*

Good Neighbours Food Bank

Maison de la famille

*Mathilda Resource Centre Inc. – The House of
Lazarus*

The Salvation Army

La Soupière

St. Vincent de Paul Society – Alexandria

St. Vincent de Paul Society – Cornwall

Vankleek Hill Food Bank

Boutique Chez Toi - Association communautaire de Prescott-Russell

261 Prospect Street, Hawkesbury, ON K6A 2M4

Tel: 613-632-9746

Fax: 613-632-0944

Language: French, English

Age Group: Not specified

Area Served: Prescott-Russell

Comment: Helps people in need (including pregnant adolescents and abused women) by providing a food bank, clothing and furniture.

Canadian Liver Foundation

Tel: 613-733-1433 (Ottawa) or 1 800 563-5483

Language: French, English

Age Group: Not specified

Area Served: Eastern Ontario

Comment: A support group open to anyone affected by liver disease. Information on liver disease is also available.

Canadian Mental Health Association

329 Second Street East, Cornwall, ON K6J 3R1

Tel: 613-933-5845 or 1 800 493-8271

Fax: 613-936-2323

Language: French, English

Age Group: 16 years and older

Area Served: Stormont, Dundas, Glengarry and Prescott-Russell

Comment: Provides client-centred community support for people living with a severe and/or persistent mental illness. Mental Health Promotion Program activities seek to improve attitudes towards mental illness, promote mental health and prevent mental illness. Speakers and workshops are available upon request. For more information, visit www.cmha-east.on.ca.

The Canadian Red Cross Society

38 Second Street West, Cornwall, ON K6J 1G9

Tel: 613-932-0231

Fax: 613-932-8106

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas and Glengarry

Comment: Teaches the Homemaking Program which gives training in childcare, budgeting, house maintenance, meal preparation, etc. Also Provides assistance in disaster situations, offers programs on First Aid and Respect Education, transportation, personal home support, attendant care, supportive housing and housekeeping.

Casselman Food Bank

576 Brébeuf Street, Casselman, ON K0A 1M0

Tel: 613-764-5203

Contact: Suzanne Charette

Hours: Wednesdays only

Language: French, English

Age Group: Not specified

Area Served: Casselman, Crysler and St. Albert

Comment: Distributes food once a month.

Centraide de Rockland

687 Laurier Street, Rockland, ON

Tel: 613-446-7594 (leave message)
Contacts: Monica Hill and Belita Vachon
Language: French, English
Age Group: Not specified
Area Served: Rockland
Comment: Serves Rockland residents only (once a month).

Centre Agapé

40 Fifth Street West, Cornwall, ON K6J 2T4

Tel: 613-938-9297
Fax: 613-933-4971
Contact: Judy Dancause
Language: French, English
Age Group: Not specified
Area Served: Cornwall and surrounding area
Comment: Organizes a food bank, a soup kitchen, and a thrift shop. Clothing and household referral is available.

Cornwall & District Immigrant Services Agency

55 Water Street West, Cornwall, ON K6J 1A1

Tel: 613-933-3745
Contact: Sophia Reyes-Leger
Languages: Over 27 different languages
Age Group: Not specified
Area Served: Stormont, Dundas, Glengarry and Prescott-Russell
Comment: Offers interpretation services in over 27 languages to help immigrants adjust politically, economically, culturally and socially. Also provides short-term supportive counseling and employment counseling.

Dundas County Food Bank

497 May Street, Winchester, ON K0C 2K0

17 Second Street, Morrisburg, ON

Tel: 613-774-0188 (Winchester)

613-543-0065 (Morrisburg)

Contact: Judy Hillson (Winchester)

Laura Harbers (Morrisburg)

Language: English

Age Group: Not specified

Area Served: Dundas and region

Comment: Supplies food to families, including baby food, diapers, and extra nutrition for moms. No vouchers or coupons – food is directly given in boxes.

Eastern Ontario Health Unit

1000 Pitt Street, Cornwall, ON K6J 5T1

Tel: 613-933-1375 or 1 800 267-7120

Fax: 613-933-7930

Contact: Dr. Paul Roumeliotis, Medical Officer of Health

*Satellite offices at Alexandria, Casselman, Hawkesbury, Rockland and Winchester

Language: French, English

Age Group: All ages

Area Served: Eastern Ontario

Comment: The Health Line/Appel-santé is a free service that is available Mondays to Fridays from 8:30 a.m. to 4:30 p.m. to residents of Stormont, Dundas, Glengarry and Prescott-Russell. Nurses can inform you on public health programs and can refer you to community resources.

L'Église de Dieu Food Bank

3237 Church Street, Riceville/Fournier

Contact: Benoît Séguin or Reverend Chant

Language: French, English

Age group: Not specified

Area Served: Riceville, Fournier and St. Isidore

Food Bank – Hammond/Clarence Creek/St Pascal

P.O. Box 99, Église de Clarence Creek, 587 Landry Road, Clarence Creek, ON

Tel: 613-488-2694
Contact: Hélène Gronoll
Language: French, English
Age Group: Not specified
Area Served: Hammond, Cheney, Clarence Creek and St. Pascal
Comment: People in need can obtain food once a month. Appointment necessary.

The Glengarry Inter-Agency Group Inc. and Glengarry Liaison

Highway 34 South, Alexandria, ON K0C 1A0

Tel: 613-525-4802
Fax: 613-525-4699
Contact: Jo-Anne Trottier
Language: French, English
Age Group: Not specified
Area Served: Stormont, Dundas, Glengarry and Charlottenburgh
Comment: The Ontario Early Years Centre lends toys while Glengarry Liaison provides support for those seeking employment (includes Internet access).

Good Neighbours Food Bank

993 Notre-Dame Street, Embrun, ON K0A 1W1

Tel: 613-443-2793
Language: French, English
Age Group: Not specified
Area served: Russell, Embrun and Limoges
Comment: People are welcomed once a month, but should call first. Clothing vouchers for second hand store also available. Open Thursday from 6:30 to 7:30 p.m.

Maison de la famille

873 Notre-Dame Street, Embrun, ON K0A 1W1

Tel: 613-443-1614

Contact: Lynda Brunet

840 St. Joseph Street, Rockland, ON K4K 1K5

Contact: Lynda Brunet

1002 Main Street East, Hawkesbury, ON K6A 1B3

Tel: 613-632-6959

Contact: Lynda Brunet

Language: French, English

Age Group: 0-6 years old

Area Served: Prescott and Russell

Comment: Parent resource centre. Playground and Preschool programs are available.

Mathilda Resource Centre Inc. – The House of Lazarus

P.O. Box 125, 2245 Simms, South Mountain, ON K0E 1S0

Tel: 613-989-3830

Fax: 613-989-3830

Language: English

Age Group: Not specified

Area Served: Stormont, Dundas, Leeds, Grenville and Edwardsburch

Comment: Provides a food bank for anyone in need. Household items available at the thrift shop for a minimal price, including clothing, utensils and books.

The Salvation Army

500 York Street, Cornwall, ON K6J 3Z8

Tel: 613-932-8311 or 613-932-7515 (Captain David Pylar)

Fax: 613-932-7736

Contact: Glenn Wirachowsky
Jeanne

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas and Glengarry

Comment: Offers rehabilitation program for drug, alcohol and physical abuse problems. Also an emergency food bank and emergency shelter. Christian counseling, baby dedications and weddings also available.

La Soupière

Held in the basement of Sacré-Coeur church, 225 Main Street, Alexandria, ON K0C 1K0

Tel: 613-525-4372

Contact: Hilda Brunet

Language: French, English

Age Group: Not specified

Area Served: Glengarry County

Comment: A soup kitchen serving lunch for \$2 every Wednesday. Free for low-income families and individuals.

St. Vincent de Paul Society - Alexandria

Sacré-Coeur church, 225 Main Street, Alexandria, ON K0C 1K0

Tel: 613-525-0941

Contact: Hilda Brunet

Language: French, English

Age Group: Not specified

Area Served: Glengarry County

Comment: Provides people in need with food baskets.

St. Vincent de Paul Society - Cornwall

St. Francis de Sales Parish, 434 Second Street West, Cornwall, ON K6J 1H1

Tel: 613-932-0756

Contacts: Sandy Gault and Nick Haramis (President)
If children are involved, contact Heather Léger (Secretary)
or Ron Healy at 613-932-5670

Language: French, English

Age group: Not specified

Area Served: Cornwall

Comment: Provides food and some vouchers for restaurants. Some outreach support is available.

Vankleek Hill Food Bank

Knox Presbyterian Food Bank, Hamil Street, Vankleek Hill, ON K0B 1R0

Tel: 613-678-8119

Contact: Irene Howers

Language: French, English

Age Group: Not specified

Area Served: Vankleek Hill

Comment: By appointment only. For more information, visit www.vkhfoodbank.ca.

EMOTIONAL COUNSELING / OUTREACH

Canadian Mental Health Association

Maison Interlude House - Alexandria

Centre de santé communautaire de l'Estrie

Maison Interlude House - Hawkesbury

Eastern Ontario Health Unit

Naomi's Family Resource Centre

*Family Counseling Centre of Cornwall and the
United Counties*

*Prescott and Russell Services to Children and
Adults*

LifeSprings House

Prescott-Russell Community Mental Health Centre

Maison Baldwin House

*Stormont, Dundas, Glengarry and Akwesasne
Children's Treatment Centre*

Maison de mon Père (a.k.a. Grace Arbour)

Canadian Mental Health Association

329 Pitt Street, Cornwall, ON K6H 3R1

Tel: 613-933-5848 or 1 800 493-8271

Fax: 613-936-2323

Language: French, English

Age Group: 16 years and older

Area Served: Stormont, Dundas, Glengarry and Prescott-Russell

Comment: Provides client-centred community support for people living with a severe and/or persistent mental illness. Mental Health Promotion Program activities seek to improve attitudes towards mental illness, promote mental health and prevent mental illness. Speakers and workshops are available upon request. For more information, visit www.cmha-east.on.ca.

Centre de santé communautaire de l'Estrie

841 Sydney Street, Cornwall, ON K6H 3J7

Tel: 613-937-2683

Fax: 613-937-2698

280 Industrial Boulevard, Alexandria, ON K0C 1A0

Tel: 613-525-5544

1 Nation, Crysler, ON K0A 1R0

Tel: 613-987-9908

Age Group: All ages

Area Served: Stormont, Glengarry and Russell

Comment: Offers clinical services as well as counseling and health promotion activities.

Eastern Ontario Health Unit

1000 Pitt Street, Cornwall, ON K6J 5T1

Tel: 613-933-1375

Health Line/

Appel Santé: 1 800 267-7120

Fax: 613-933-7930

Contact: Dr. Paul Roumeliotis, Medical Officer of Health

*Satellite offices in Alexandria, Casselman, Hawkesbury, Rockland and Winchester.

Language: French, English

Age Group: All ages

Area Served: Eastern Ontario

Comment: Offers services through the Young Adult Clinic, including counseling on sexuality, contraception, conflicts and adolescent problems.

Family Counseling Centre of Cornwall and the United Counties

26 Montreal Road, Cornwall, ON K6H 1B1

Tel: 613-932-4610

Fax: 613-932-5765

Contact: Ray Houde

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas, Glengarry and surrounding area

Comment: Offers couple or individual counseling. Counseling regarding family violence involving women is available by appointment.

LifeSprings House

107 Belmont Street, Cornwall, ON K6H 4Y8

Tel: 613-932-5755

Fax: 613-932-8096

Contact: Paul Beauchamp

Language: French, English

Age group: 16 to 19 years

Area Served: Stormont, Dundas and Glengarry and region

Comment: Group home for young males under 19 years of age.

Maison Baldwin House

P.O. Box 1302, Cornwall, ON K6H 5V4

Tel: 613-938-2958 or 613-937-2958 or 1 800 267-1744

Outreach Tel: 613-938-7000

Fax: 613-936-0605 or 613-938-9666

Contact: Debbie Fortier

Language: French, English

Age group: 16 years and older

Area Served: Stormont, Dundas and Glengarry

Comment: Offers outreach services, along with in-house counseling.

Maison de mon Père (a.k.a. Grace Arbour)

P.O. Box 995, 3053 Pitt Street, Cornwall, ON K6H 5V1

Tel: 613-938-2799

Fax: 613-938-6788

Contact: Jenny Roebuck

Language: French, English

Age group: 16 to 18 years (Girls only)

Area Served: Eastern Ontario

Comment: Offers counseling to young girls on a variety of subjects, including life skills and substance misuse.

Maison Interlude House - Alexandria

256 Industrial Blvd. R.R.3 Alexandria, ON K0C 1A0

Tel: 613-525-5338 or 1 800 461-1843

Fax: 613-525-4209

Language: French, English

Age Group: 16 years and older

Area Served: Stormont, Dundas, Glengarry and Prescott-Russell

Comment: Offers support and outreach services for abused women.

Maison Interlude House - Hawkesbury

1180 Landsdowne Street, Hawkesbury, ON K6A 1J1

Tel: 613-632-1131 or 1 800 267-4101

Fax: 613-632-1528

Contact: Celine Pelletier (613-632-1591)

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas, Glengarry and Prescott-Russell

Comment: Offers outreach services, along with in-house counseling for women and children.

Naomi's Family Resource Centre

P.O. Box 849, 607 St. Lawrence Street, Winchester, ON K0C 2K0

Tel: 613-774-2838

Crisis Line: 1 800 267-0395

Fax: 613-774-0620

Language: English

Age Group: Women and children over 16 years

Area Served: Stormont, Dundas and Glengarry

Comment: Emergency shelter for abused women and children. Offers counseling and referrals to outreach programs. A child and youth worker is available at the shelter. Transportation to appointments is also available.

Prescott and Russell Services to Children and Adults

173 Old Highway 17, Plantagenet

Tel: 1 800 675-6168

Language: French, English

Age Group: All ages

Area Served: Prescott-Russell

Comment: Offers a multitude of programs and services that cover counseling, child protection, support groups, special needs and community integration.

Prescott-Russell Community Mental Health Centre

P.O. Box 1240, 2768 Laurier Street, Rockland, ON K4K 1L8

Tel: 613-446-5139 or 1 800 267-1453

Fax: 613-446-5256

Language: French, English

Age Group: 16 years and older

Area Served: Prescott-Russell

Comment: Offers counseling and self-esteem support groups.

**Stormont, Dundas, Glengarry and Akwesasne
Children's Treatment Centre**

305 A Second Street East, Cornwall, ON K6H 1Y8

Tel: 613-933-4400 or 1 888 643-0003

Fax: 613-933-3984

Contact: Robert Smith

Language: French, English

Age group: Between 5 and 18 years

Area Served: Stormont, Dundas, Glengarry and Akwesasne

Comment: Offers various types of counseling to youth. Also offers assessment and treatment for children who are victims of physical and sexual abuse.

FINANCIAL ASSISTANCE

*Employment & Education Resource Centre of
Cornwall and District*

Ministry of Community and Social Services

Service Canada Centre - Cornwall

Service Canada Centre – Hawkesbury

Social and Housing Services

Social Services Department – Prescott and Russell

Employment & Education Resource Centre of Cornwall and District

19-B Industrial Drive, Chesterville, ON K0C 1H0

Tel: 613-448-1875 or 1 888 933-9675

Fax: 613-448-2443

Language: French, English

Age Group: 18 years and older

Area Served: Dundas

Comment: Support for those seeking employment.

Ministry of Community and Social Services

4 Montreal Road, Cornwall, ON K6H 1B1

Tel: 613-932-3381 or 1 800 565-5374

Fax: 613-933-0354

Language: French, English

Age Group: 16 years and older

Area served: Stormont, Dundas and Glengarry

Comment: Offers financial support to single parent families and disabled persons.

Service Canada Centre - Cornwall

111 Water Street East, Suite 100, Cornwall, ON

Tel: 613-938-5731

Fax: 613-938-9876

Language: French, English

Age Group: 18 years and older

Area Served: Stormont, Dundas and Glengarry

Comment: Helps the unemployed find jobs or collect Employment Insurance between jobs.

Service Canada Centre - Hawkesbury

134 Main Street East, Hawkesbury, ON K6A 1A3

Tel: 613-632-2759

Fax: 613-632-6976

Language: French, English

Age Group: 18 years and older

Area Served: Prescott

Comment: Helps the unemployed find jobs or collect Employment Insurance between jobs.

Social and Housing Services

P.O. Box 877, Cornwall, ON K6H 5T9

Tel: 613-933-6282

Fax: 613-932-6969

Language: French, English

Age Group: 16 years and older

Area Served: Stormont, Dundas and Glengarry

Comment: Offers special assistance to clients on social assistance and low-income working individuals.

Social Services Department – Prescott and Russell

P.O. Box 304, 59 Court Street, L'Orignal, ON K0B 1K0

Tel: 613-675-4642 or 1 800 667-9825

Fax: 613-675-2030

Language: French, English

Age Group: 18 years and older

Area Served: Prescott and Russell

Comment: Offers special assistance (social housing and daycare).

HOSPITALS

Children's Hospital of Eastern Ontario

Hôpital Montfort

Cornwall Community Hospital – Second Street site

Ottawa Hospital – Civic Campus

Cornwall Community Hospital – McConnell Ave. site

Ottawa Hospital – Ottawa Campus

Glengarry Memorial Hospital

Winchester District Memorial Hospital

Hawkesbury & District General Hospital Inc.

Children's Hospital of Eastern Ontario

401 Smyth Road, Ottawa, ON K1H 8L1

Tel: 613-737-7600

Health

Infoline: 613-738-4888

Fax: 613-738-3216

Language: French, English

Age Group: Children, expectant parents

Area Served: Eastern Ontario

Cornwall Community Hospital – Second Street site

510 Second Street, Cornwall, ON K6H 1Z6

Tel: 613-932-3300

Fax: 613-936-4600

Language: French, English

Age Group: All ages

Area Served: Eastern Ontario

Cornwall Community Hospital – McConnell Avenue site

840 McConnell Avenue, Cornwall, ON K6H 5S5

Tel: 613-938-4240

Fax: 613-938-4067

Language: French, English

Age Group: All ages

Area Served: Eastern Ontario

Glengarry Memorial Hospital

20260 County Road 43, Alexandria, ON K0C 1A0

Tel: 613-525-2222

Fax: 613-525-4515

Language: French, English

Age Group: All ages

Area Served: Glengarry region

Hawkesbury & District General Hospital Inc.

1111 Ghislain Street, Hawkesbury, ON K6A 3G5

Tel: 613-632-1111

Fax: 613-632-5126

Language: French, English

Age group: All ages

Area Served: Prescott-Russell

Hôpital Montfort

713 Montreal Road, Ottawa, ON K1K 0T2

Tel: 613-746-4621

Fax: 613-748-4932

Language: French, English

Age Group: Adults

Area Served: Ottawa and Eastern Ontario

Ottawa Hospital - Civic Campus

Prenatal Program

1053 Carling Avenue, Ottawa, ON K1Y 4E9

Tel: 613-761-4171

Language: French, English

Age Group: Adults

Area Served: Ottawa and Eastern Ontario

Comment: Offers prenatal, refresher and sibling classes to families who will be having a baby at this hospital. Multiple birth and breastfeeding classes are also available. For more information, visit

www.ottawahospital.on.ca

Ottawa Hospital - Ottawa Campus

501 Smyth Road, Ottawa, ON K1H 8L6

Tel: 613-737-7771

Emergency

Tel : 613-737-8000

Language: French, English

Age Group: Not specified

Area Served: Ottawa and Eastern Ontario

Comment: Offers prenatal classes to families who will be having a baby at this hospital.

Winchester District Memorial Hospital

566 Louise Street, Winchester, ON K0C 2K0

Tel: 613-774-2422

Fax: 613-774- 0453

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas

HOUSING

Canadian Mental Health Association

Prescott and Russell Services to Children and Adults

Cornwall and Area Housing Corporation

Prescott-Russell Housing Authority

Logement Marguerite d'Youville

Royal Oaks Housing Cooperative Inc.

Canadian Mental Health Association

329 Second Street East, Cornwall, ON K6J 3R1

Tel: 613-933-5845 or 1 800 493-8271

Fax: 613-936-2323

Language: French, English

Age group: 16 years and older

Area Served: Stormont, Dundas, Glengarry and Prescott-Russell

Comment: Provides client-centred community support for people living with a severe and/or persistent mental illness. Mental Health Promotion Program activities seek to improve attitudes towards mental illness, promote mental health and prevent mental illness. Speakers and workshops are available upon request. For more information, visit www.cmha-east.on.ca

Cornwall and Area Housing Corporation

1916 Pitt Street, Unit 11, Cornwall, ON K6J 5H3

Tel: 613-938-7717 or 1 800 267-2435

Fax: 613-938-6280

Contact: Margaret Fulton

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas and Glengarry

Comment: Provides assistance in finding safe, geared-to-income housing.

Logement Marguerite d'Youville

176 Marguerite d'Youville Street, Suite 61, Cornwall, ON K6H 7H4

Tel: 613-930-2463

Fax: 613-930-2351

Contact: Thérèse Paquette

Language: French

Age Group: Not specified

Area Served: Cornwall

Comment: Low-priced housing geared toward families in need.

Prescott and Russell Services to Children and Adults

173 Old Highway 17, Plantagenet

Tel: 1 800 675-6168

Language: French, English

Age Group: All ages

Area Served: Prescott-Russell

Comment: Offers a multitude of programs and services that cover counseling, child protection, support groups, special needs and community integration.

Prescott-Russell Housing Authority

1020 Victoria, L'Orignal, ON K0B 1K0

Tel: 613-675-4642

Fax: 613-667-9825

Contact: Suzanne Sauvé

Language: French, English

Age Group: Not specified

Area Served: Prescott-Russell

Comment: Provides rent-gearred-to-income housing.

Royal Oaks Housing Cooperative Inc.

708 Twelfth Street East, Unit 71, Cornwall, ON K6H 7G3

Tel: 613-936-1717

Fax: 613-936-2905

Contact: Vera Smith or Dawn Jodoin

Language: French, English

Age group: Not specified

Area Served: Stormont, Dundas and Glengarry

Comment: Rent-gearred-to-income housing. Tenants participate in operation, including maintenance and administration.

MENTAL HEALTH SUPPORT

Canadian Mental Health Association

Prescott-Russell Royal Comtois Centre

*Prescott and Russell Services to Children
and Adults*

Tri-County Mental Health Services

*Prescott-Russell Mental Health Community
Centre*

Canadian Mental Health Association

329 Pitt Street, Cornwall, ON K6J 3R1

Tel: 613-933-5845 or 1 800 493-8271

Fax: 613-936-2323

Language: French, English

Age Group: 16 years and older

Area Served: Eastern Ontario

Comment: Provides client-centred community support for people living with a severe and/or persistent mental illness. Mental Health Promotion Program activities seek to improve attitudes towards mental illness, promote mental health and prevent mental illness. Speakers and workshops are available upon request. For more information, visit www.cmha-east.on.ca.

Prescott and Russell Services to Children and Adults

173 Old Highway 17, Plantagenet

Tel: 1 800 675-6168

Language: French, English

Age Group: All ages

Area Served: Prescott-Russell

Comment: Offers a multitude of programs and services that cover counseling, child protection, support groups, special needs and community integration.

Prescott-Russell Mental Health Community Centre

2741 Chamberland Street, Rockland, ON K4K 0B4

Tel: 613-446-5139

Fax: 613-446-5256

Language: French, English

Age Group: 16 years and older

Area Served: Prescott-Russell

Comment: Offers individual and group therapy for those with psychological and psychiatric problems.

Prescott-Russell Royal Comtois Centre

444 McGill Street, Suite 101, Hawkesbury, ON K6A 1R2

Tel: 613-632-0139

Fax: 613-632-4791

Contact: Celeste

Language: French, English

Age Group: 16 years and older

Area Served: Prescott-Russell

Comment: Offers individual, couple and family therapies for individuals with psychological and psychiatric problems.

Tri-County Mental Health Services

132 Second Street East, Suite 104, Cornwall, ON K6H 1Y4

Tel: 613-932-9940 or 1 800 465-8061

Fax: 613-932-9945

Language: French, English

Age Group: 16 years and older

Area Served: Stormont, Dundas and Glengarry

Comment: For individuals with significant mental health problems.

PRENATAL SUPPORT/SERVICES

Birthright Association

Ottawa Fertility Centre

*Centre de santé
communautaire de l'Estrie*

Ottawa Hospital

Children's Aid Society

Ottawa Hospital – Ottawa Campus

*Cornwall Community Hospital – McConnell Ave.
site*

Prescott-Russell Midwives

Eastern Ontario Health Unit

Pro-Life/Pro-Vie

Hawkesbury & District General Hospital Inc.

St. Lawrence Valley Midwives

The Midwifery Collective of Ottawa

Winchester District Memorial Hospital

Birthright Association

14 Third Street East, Cornwall, ON K6H 2C7

Tel: 613-938-2028 or 1 800 550-4900

Contact: Francis Ridal: 613-932-9448

Language: English

Age Group: Expectant mothers and fathers

Area Served: Stormont, Dundas and Glengarry

Comment: Free pregnancy testing and pregnancy and birth counseling.

Centre de santé communautaire de l'Estrie

841 Sydney Street, Cornwall, ON K6H 3J7

Tel: 613-937-2683

Language: French

280 Industrial Boulevard, Alexandria, ON K0C 1A0

Tel: 613-525-5544

Language: French

1 Nation, Crysler, ON K0A 1R0

Tel: 613-987-9908

Language: French, English

2081 Laval Street, Bourget, ON K0A 1E0

Tel: 613-487-1802

Language: French, English

738 Notre-Dame Street, Embrun, ON K0A 1W1

Tel: 613-443-3888

Language: French, English

Age Group: Not specified

Area Served: Stormont, Dundas, Glengarry and Russell

Comment: Offers prenatal classes. A global approach to healthcare.

Children's Aid Society

P.O. Box 983, 510 Second Street East, Cornwall, ON K6H 5V1

Tel: 613-933-2292 or 613-673-5148 (Plantagenet)

Fax: 613-933-6767

Language: French, English

Age Group: Children under 16 years, expectant mothers

Area Served: Eastern Ontario

Comment: Support for children who are at risk or who have been abused or neglected. Provides adoption services, including counseling and planning.

Cornwall Community Hospital – McConnell Ave. site

840 McConnell Ave., Cornwall, ON K6H 5S5

Tel: 613-938-4240
Language: French, English
Age Group: Not specified
Area Served: Stormont, Dundas and Glengarry
Comment: Obstetrical services.

Eastern Ontario Health Unit

1000 Pitt Street, Cornwall, ON K6J 5T1

Tel: 613-933-1375
**Health Line/
Appel-Santé:** 1 800 267-7120
Fax: 613-933-7930
Contact: Dr. Paul Roumeliotis, Medical Officer of Health
*Satellite offices at Alexandria, Casselman, Hawkesbury, Rockland
and Winchester
Language: French, English
Age Group: Not specified
Area Served: Eastern Ontario
Comment: Offers prenatal classes for all pregnant women and young mothers.
Also offers Baby's Best Start, a prenatal program emphasizing nutrition
counseling.

Hawkesbury & District General Hospital Inc.

1111 Ghislain Street, Hawkesbury, ON K6A 3G5

Tel: 613-632-1111
Fax: 613-632-5126
Language: French, English
Age Group: Not specified
Area Served: Prescott-Russell
Comment: Offers prenatal clinic along with prenatal classes and obstetrical
services.

The Midwifery Collective of Ottawa

150 Montreal Road, Suite 210, Ottawa, ON K1L 8H2

Tel: 613-730-2323

Fax: 613-260-2880

Language: English, French, and Spanish

Age Group: Expectant parents

Area Served: Eastern Ontario

Comment: Offers care throughout all stages of pregnancy and birth and six weeks postpartum.

Ottawa Fertility Centre

955 Green Valley Crescent

Tel: 613-686-3378

Fax: 613-225-9736

Language: French, English

Comment: Offers a full spectrum of fertility care including ovarian stimulation, reproductive technologies consultation, follow-up and diagnostic testing.

Ottawa Hospital

Prenatal Program

1053 Carling Avenue, Ottawa, ON K1Y 4E9

Tel: 613-761-4171

Language: French, English

Age Group: Not specified

Area Served: Ottawa and surrounding area

Comment: Offers prenatal classes to families who will be having a baby at this hospital. Multiple birth and breastfeeding classes are also available. For more information, visit www.ottawahospital.on.ca.

Ottawa Hospital - Ottawa Campus

501 Smyth Road, Ottawa, ON K1H 8L6

Tel: 613-737-7771

Emergency

Tel : 613-737-8000

Language: French, English

Age Group: Not specified

Area Served: Ottawa and Eastern Ontario

Comment: Offers prenatal classes to families who will be having a baby at this hospital.

Prescott-Russell Midwives

Tel: 613-590-1711
Language: French, English
Age Group: Not specified
Area Served: Prescott-Russell
Comment: Offers prenatal and obstetrics services.

Pro-Life/Pro-vie

812 Pitt Street, Room 27, Cornwall, ON K6J 5R1
Tel: 613-937-0526 or 1 800 665-0570
Fax: 613-937-3601
Contact: Melinda Vander Veer
Language: French, English
Age Group: Not specified
Area Served: Stormont, Dundas and Glengarry
Comment: Promotes respect for life.

St. Lawrence Valley Midwives

30 Thirteenth Street East, Cornwall, ON K6H 6V9
Tel: 613-933-3030
Fax: 613-937-3601
Contact: Melinda Vander Veer
Language: French, English
Comment: Offers prenatal and obstetrics services.

Winchester District Memorial Hospital

566 Louise Street, Winchester, ON K0C 2K0
Tel: 613-774-2422
Fax: 613-774-9453
Language: French, English
Age Group: Not specified
Area Served: Stormont and Dundas
Comment: Offers obstetrical services.

SHELTERS

La Montée d'Elle

Maison de mon Père (a.k.a. Grace Arbour)

Laurencrest Youth Services Inc.

Maison Interlude House

Maison Baldwin House

Naomi's Family Resource Centre

La Montée d'Elle

256 Industrial Blvd., Alexandria, ON K0C 1A0

Tel: 613-525-5338 or 1 800 461-1842

Fax: 613-525-4209

Language: French, English

Age Group: 16 years and older

Area Served: Stormont, Dundas, Glengarry and Prescott-Russell

Comment: Offers secure and safe shelter for abused women and their children.

Laurencrest Youth Services Inc.

510 Mercier Avenue, Cornwall, ON K6K 1K2

Tel: 613-933-6362

Fax: 613-936-2533

Contact: John Wattie or Wayne Kyte

Language: French, English

Age Group: 12 to 16 years

Area Served: Eastern Ontario

Comment: Residence and open detention service for male young offenders. Offers beds for parents wishing to place their children at the Centre.

Maison Baldwin House

P.O. Box 1302, Cornwall, ON K6H 5V9

Tel: 613-938-2958 or 613-937-2958

Outreach Tel: 613-938-7000

Fax: 613-936-0605 and 613-938-9666

Contact: Debbie Fortier

Language: French, English

Age Group: 16 years and older

Area Served: Stormont, Dundas and Glengarry

Comment: Offers residential services and support for female victims of assault and/or abuse.

Maison de mon Père (a.k.a. Grace Arbour)

P.O. Box 995, Cornwall, ON K6H 5V1
Tel: 613-938-2799
Fax: 613-938-6788
Contact: Mary Ellen Tessier
Language: French, English
Age Group: 13 to 18 years – Girls only
Area Served: Eastern Ontario
Comment: Group home for girls.

Maison Interlude House

1180 Landsdowne Street, Hawkesbury, ON K6A 1J1
Tel: 613-632-1131 or 1 800 267-4104
Fax: 613-632-1528
Contact: Celine Pelletier: 613-632-1591
Language: French, English
Age Group: Not specified
Area Served: Stormont, Dundas, Glengarry and Prescott-Russell
Comment: Offers outreach services and in-house counseling to women and children.

Naomi's Family Resource Centre

P.O. Box 849, 607 St. Lawrence Street, Winchester, ON K0C 2K0
Tel: 613-774-2838
Crisis Line: 1 800 267-0395
Fax: 613-774-0620
Language: French, English
Age Group: Women and children over 16 years
Area Served: Stormont, Dundas, Glengarry and Prescott-Russell
Comment: Emergency shelter for abused women and children. Offers counseling, referral to outreach programs and child and youth worker. Transportation to appointments is available.

HOTLINES

Addiction Research Foundation.....	1 800 463-6273
AIDS Information Centre.....	1 800 267-7432
AIDS/Sexual Information Line.....	613-563-2437
Cabbagetown Women's Clinic (Abortion Services)	1 800 399-1592
Crisis Line..... (Sexual Assault)	613-932-1603
Drug and Alcohol Information Line.....	1 800 463-6273
ONGWANADA – Services for families with developmentally challenged children, including genetic counseling	613-548-4417
Health Line/Appel-santé	1 800-267-7120
Kids Help Phone	1 800 668-6868
Morgentaler Clinic..... (Abortion Services)	613-567-8300
Multiple Birth Families Association of Ottawa	613-860-6565
Poison Control Centre	1 800 267-1373
Women's Assault Help Line/Femaide	English: 1 800 387-8603 French: 1 866 863-0511
Young Adult Centre	613-933-1375
(Eastern Ontario Health Unit)	