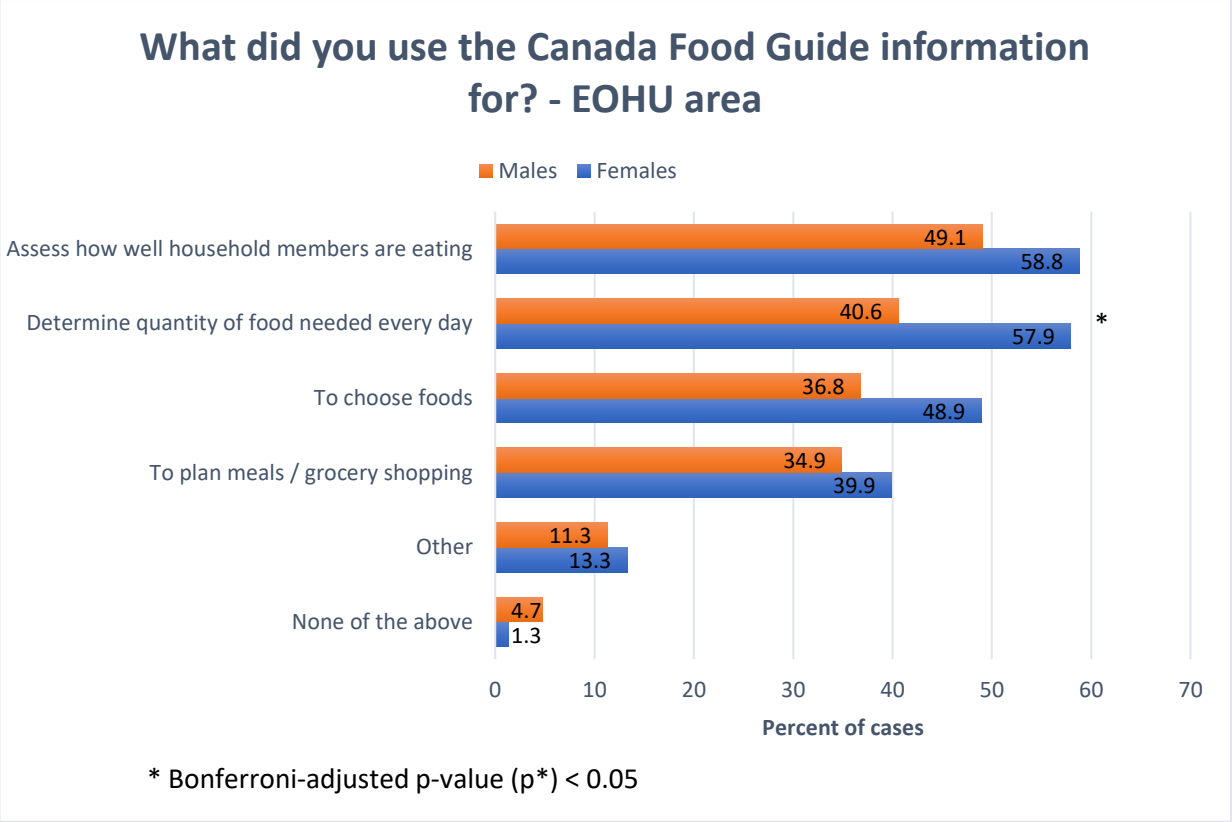
Canada Food Guide (part 3)



* Bonferroni-adjusted p-value (p*) < 0.05

Reasons for Food Guide Use – EOHU area

Response options	Females	Males	Total	Pearson χ2 value	Bonferroni-adjusted p-value (p*)
None of the above	3	5	8	3.72	0.32
Other	31	12	43	0.26	1.00
To plan meals / grocery shopping	93	37	130	0.77	1.00
To choose foods	114	39	153	4.33	0.22
Determine quantity of food needed every day	135	43	178	8.82	0.02
Assess how well household members are eating	137	52	189	2.80	0.57

Total valid cases: 339

SOURCE: CANADIAN COMMUNITY HEALTH SURVEY [2015-16], STATISTICS CANADA, SHARE FILE, ONTARIO MINISTRY OF HEALTH AND LONG-TERM CARE.