

# Health Indicators

## Section 5. Injury and Prevention

Data Source: Canadian Community Health Survey (CCHS) 2017-2018, Weighted Data

Updated November 2024

[Description](#)

### Section 5D Injury Prevention

#### 5D.01 Repetitive Strain Injuries

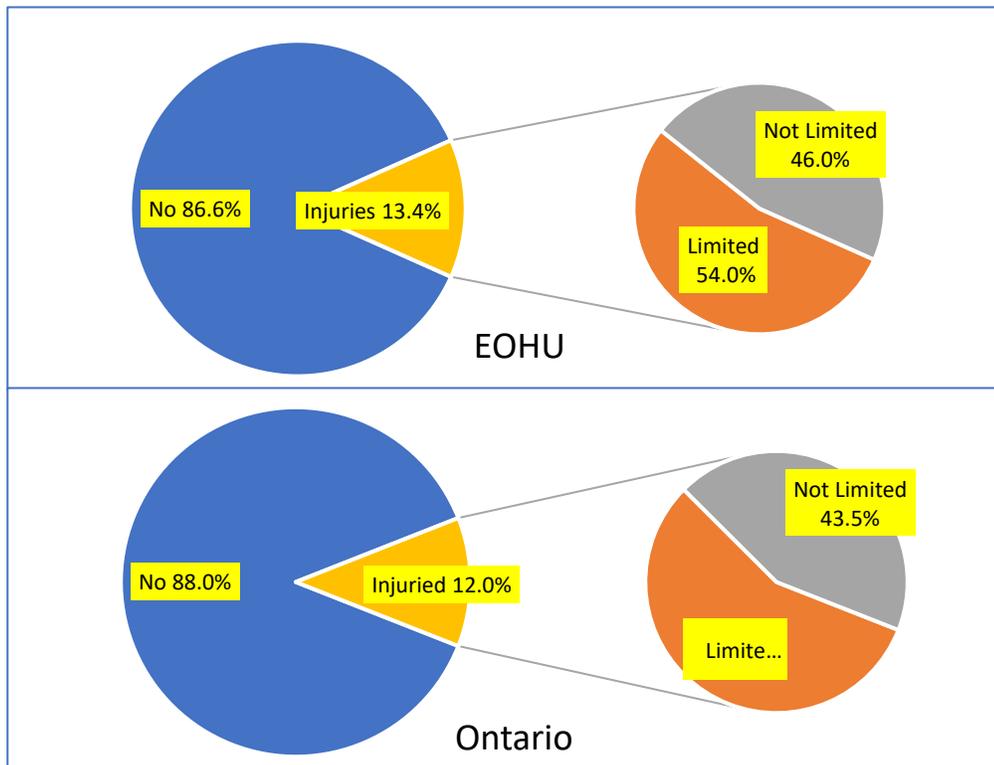
Table 1.1. Repetitive Strain Injuries in Last 12 Months, 2017-2018

	EOHU		Ontario	
	#	%	#	%
Yes	23,653	13.4%	1,460,089	12.0%
No	153,464	86.6%	10,746,809	88.0%
Total	177,117	100.0%	12,206,898	100.0%

Table 1.2. Repetitive Strain Injuries which Limited Normal Activities, 2017-2018

	EOHU		Ontario	
	#	%	#	%
Yes	12,775	54.0%	824,151	56.5%
No	10,877	46.0%	634,406	43.5%
Total	23,652	100.0%	1,458,557	100.0%

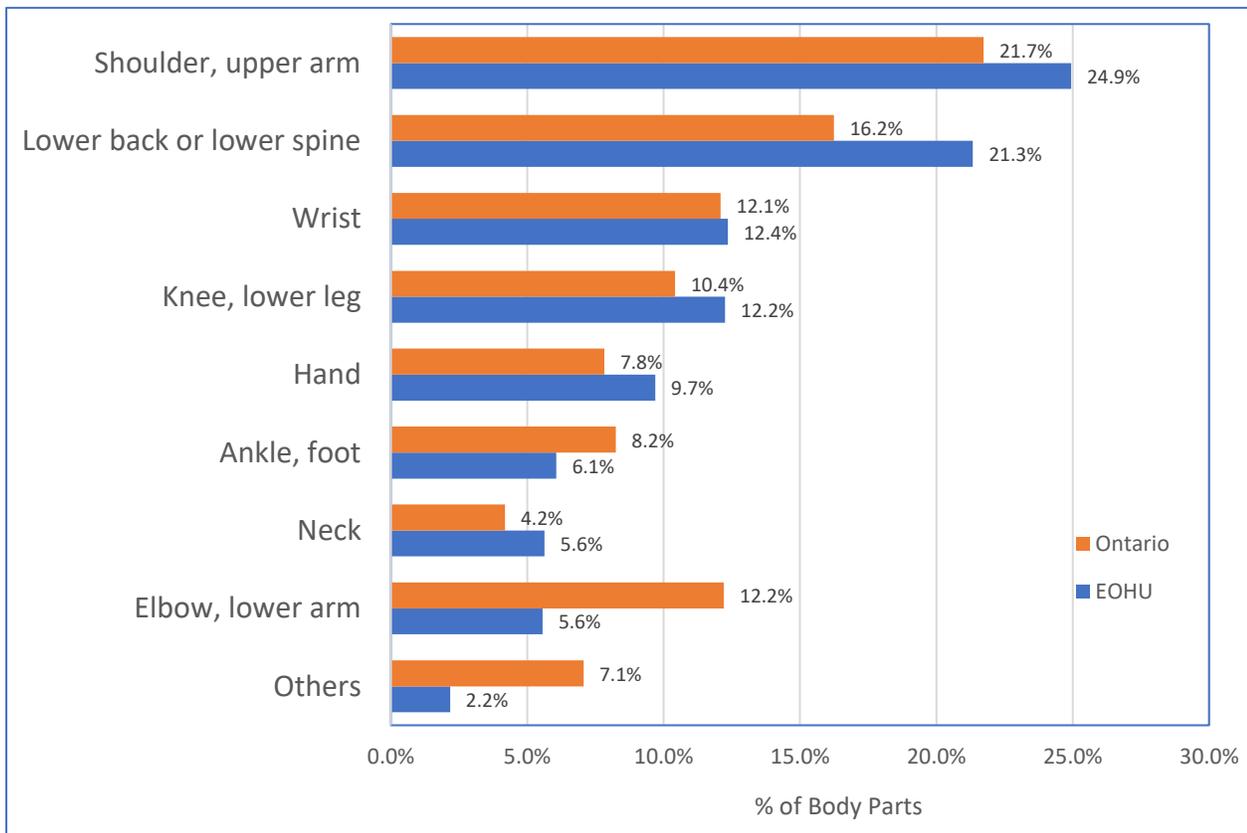
Figure 01. Had Repetitive Strain Injuries in 12 months, 2017-2018



**Table 02. The Body Parts Hurt while the Most Serious Repetitive Strain Injuries Occurred, 2017-2018**

No	Body Parts Hurt	#		%	
		EOHU	Ontario	EOHU	Ontario
1	Shoulder, upper arm	3160	178643	24.9%	21.7%
2	Lower back or lower spine	2704	133557	21.3%	16.2%
3	Wrist	1565	99398	12.4%	12.1%
4	Knee, lower leg	1552	85682	12.2%	10.4%
5	Hand	1228	64329	9.7%	7.8%
6	Ankle, foot	768	67804	6.1%	8.2%
7	Neck	714	34373	5.6%	4.2%
8	Elbow, lower arm	705	100376	5.6%	12.2%
9	Others	275	58060	2.2%	7.1%
Total		12671	822222	100.0%	100.0%

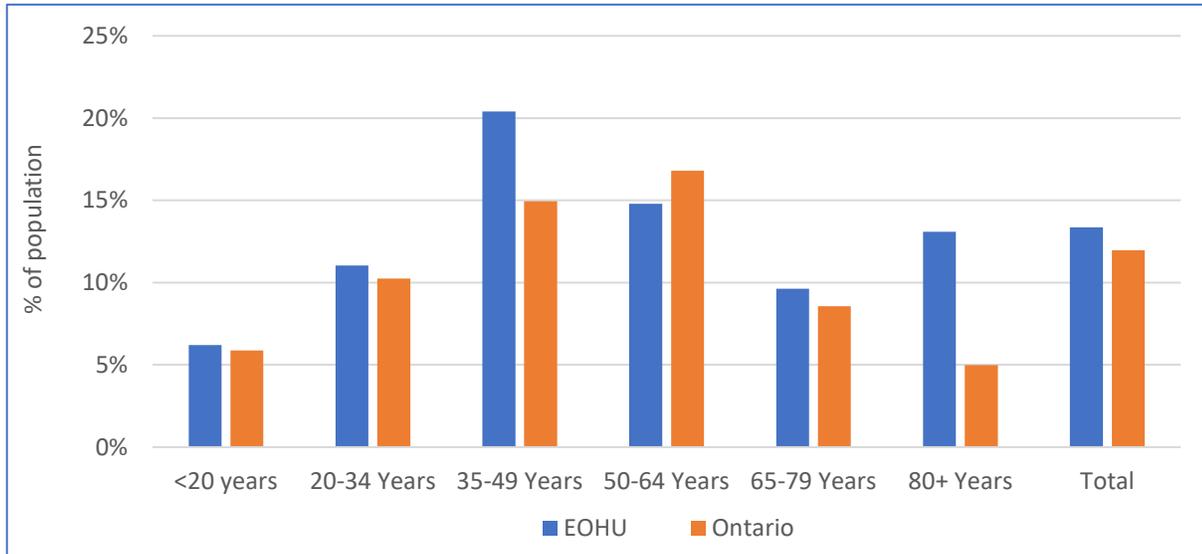
**Figure 02. The Body Parts Hurt while the Most Serious Repetitive Strain Injuries Occurred, 2017-2018**



**Table 03. Age Distribution for the Cases of Repetitive Strain Injuries in Last 12 Months, 2017-2018**

	EOHU			Ontario		
	#	%	Total	#	%	Total
<20 years	980	6.2%	15,773	75,537	5.9%	1,284,164
20-34 Years	4,020	11.0%	36,391	298,865	10.2%	2,917,160
35-49 Years	7,060	20.4%	34,611	410,231	15.0%	2,743,344
50-64 Years	7,404	14.8%	50,052	496,138	16.8%	2,952,877
65-79 Years	3,033	9.6%	31,466	153,540	8.6%	1,792,589
80+ Years	1,155	13.1%	8,823	25,777	5.0%	516,764
Total	23,652	13.4%	177,116	1,460,088	12.0%	12,206,898

**Figure 03. Age Distribution for the Cases of Repetitive Strain Injuries in Last 12 Months, 2017-2018**

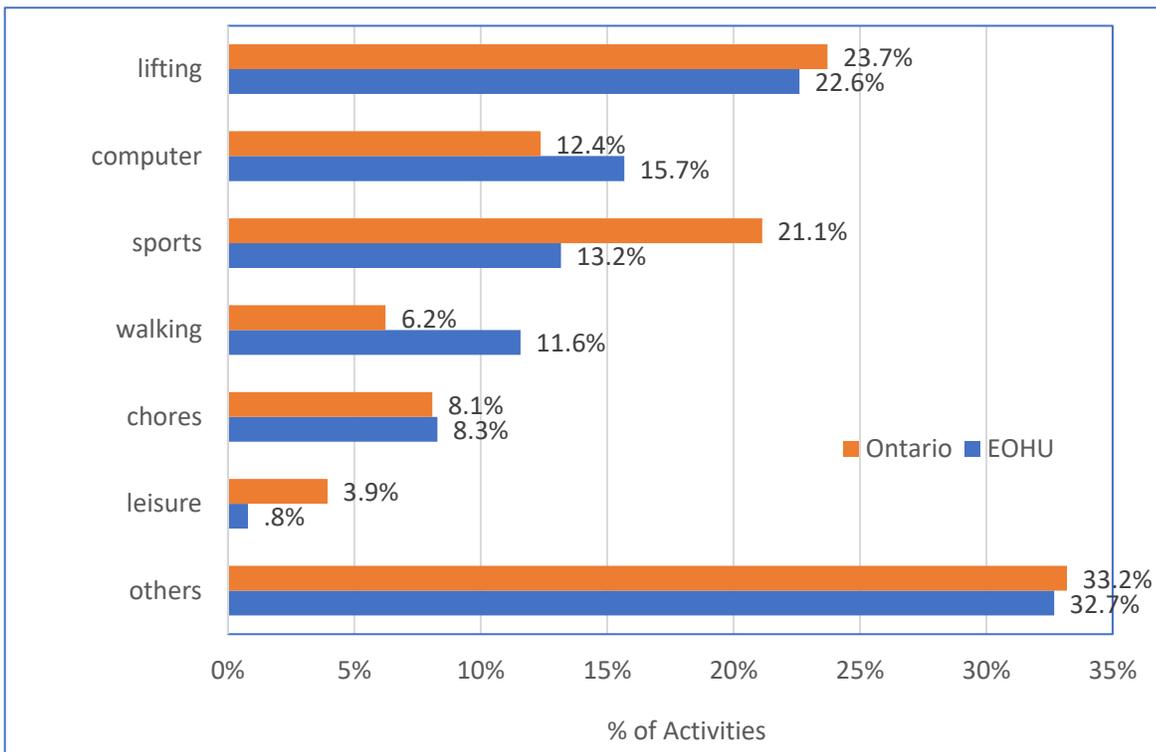


## 5D.02 Other Most Serious Injuriy

Table 04. The Type of Activity while the Most Serious Injury Occurred, 2017-2018

		#		%	
		EOHU	Ontario	EOHU	Ontario
1	Lifting	2837	187509	22.6%	23.7%
2	Computer	1968	97713	15.7%	12.4%
3	Sports	1653	167022	13.2%	21.1%
4	Walking	1453	49271	11.6%	6.2%
5	Chores	1040	63901	8.3%	8.1%
6	Leisure	99	31098	.8%	3.9%
7	Others	4103	262352	32.7%	33.2%
	Total	12551	790382	100.0%	100.0%

Figure 04. The Type of Activity while the Most Serious Injury Occurred, 2017-2018



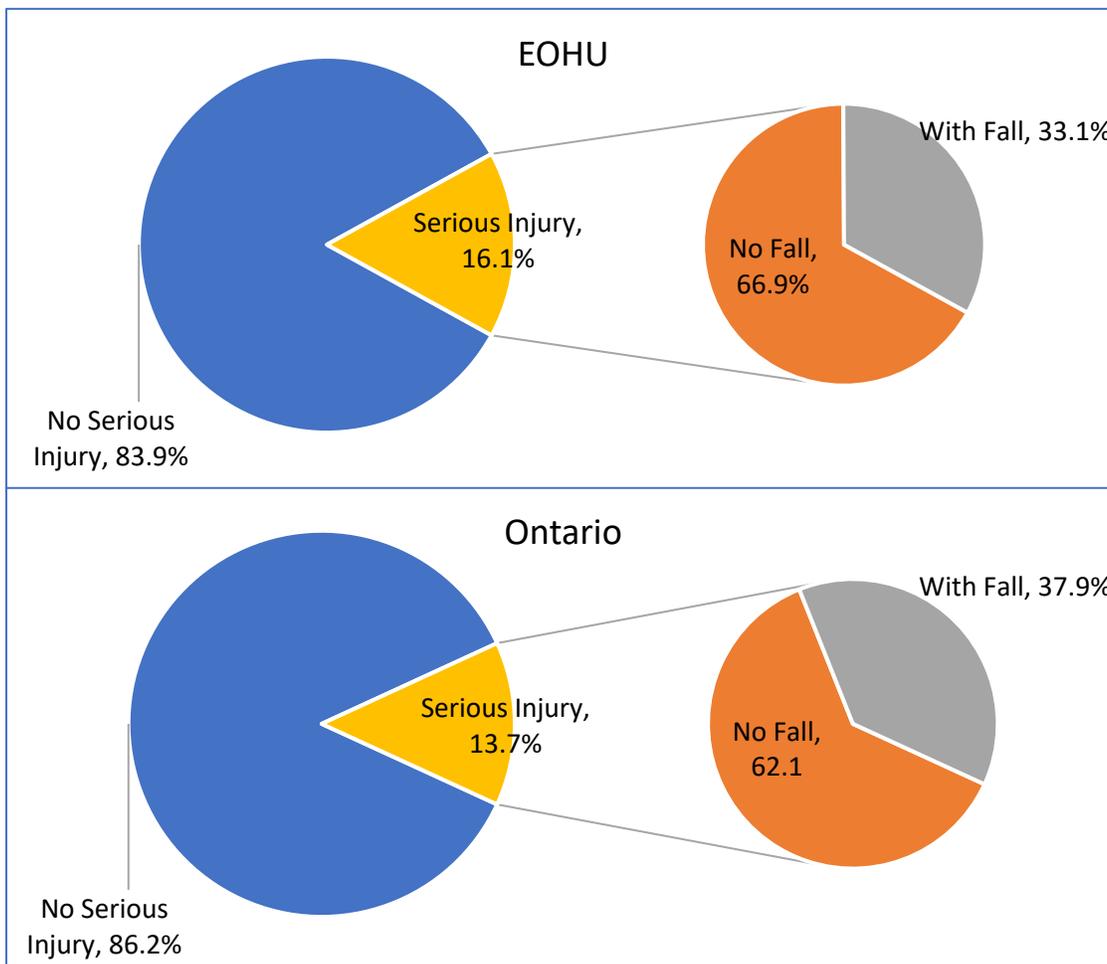
**Table 5.1. Ever Had Any Other Serious Injuries which Limited Normal Activities in Last 12 Months, 2017-2018**

	EOHU		Ontario	
	#	%	#	%
Yes	28566	16.1%	1685592	13.8%
No	148836	83.9%	10540239	86.2%
Total	177402	100.0%	12225831	100.0%

**Table 5.2. Was there Fall in most Serious Other Injuries**

	EOHU		Ontario	
	#	%	#	%
With fall	9408	33.1%	635205	37.9%
Not with fall	19015	66.9%	1041012	62.1%
Total	28423	100.0%	1676217	100.0%

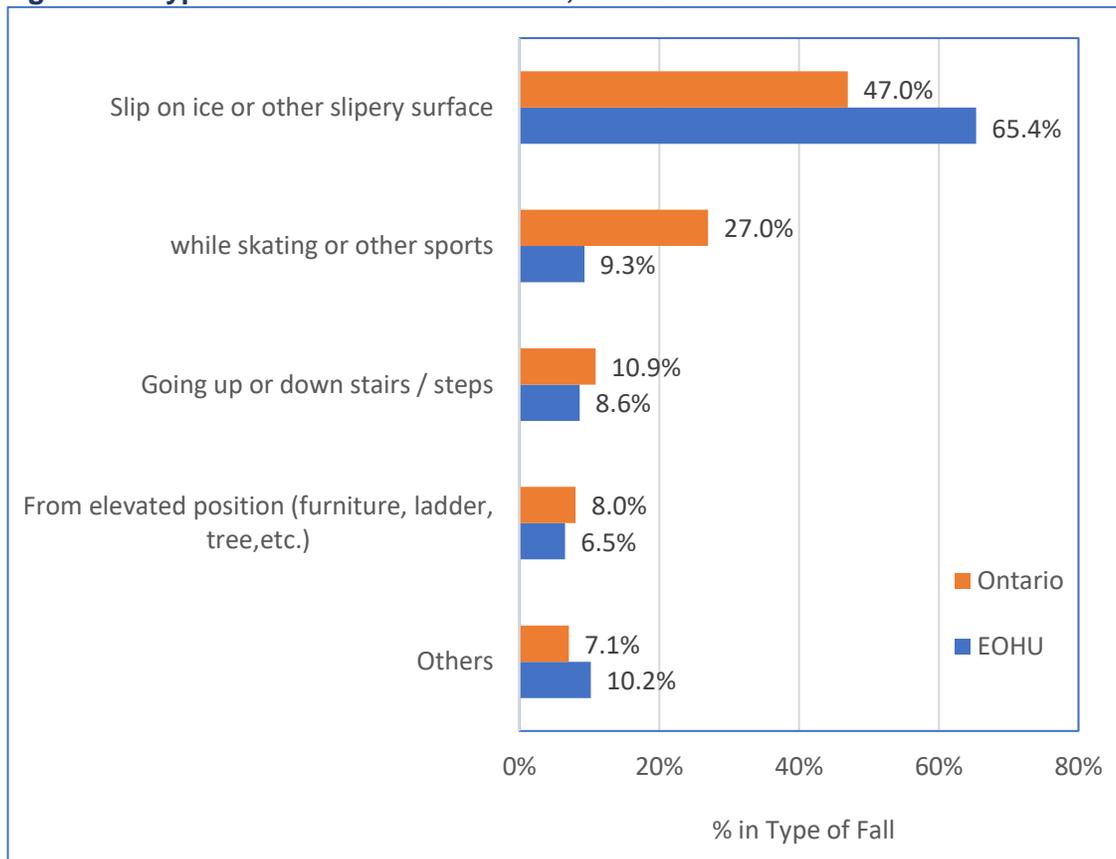
**Figure 05. Ever Had Any Other Serious Injuries which Limited Normal Activities in Last 12 Months and How Much Fall in it?**



**Table 06. Type of Fall in Last 12 Months, 2017-2018**

No	Type of Fall	EOHU		Ontario	
		#	%	#	%
1	Slip on ice or other slippery surface	6148	65.4%	296925	47.0%
2	while skating or other sports	873	9.3%	170597	27.0%
3	Going up or down stairs / steps	812	8.6%	68978	10.9%
4	From elevated position	613	6.5%	50816	8.0%
5	Others	961	10.2%	44553	7.1%
Total		9407	100.0%	631869	100.0%

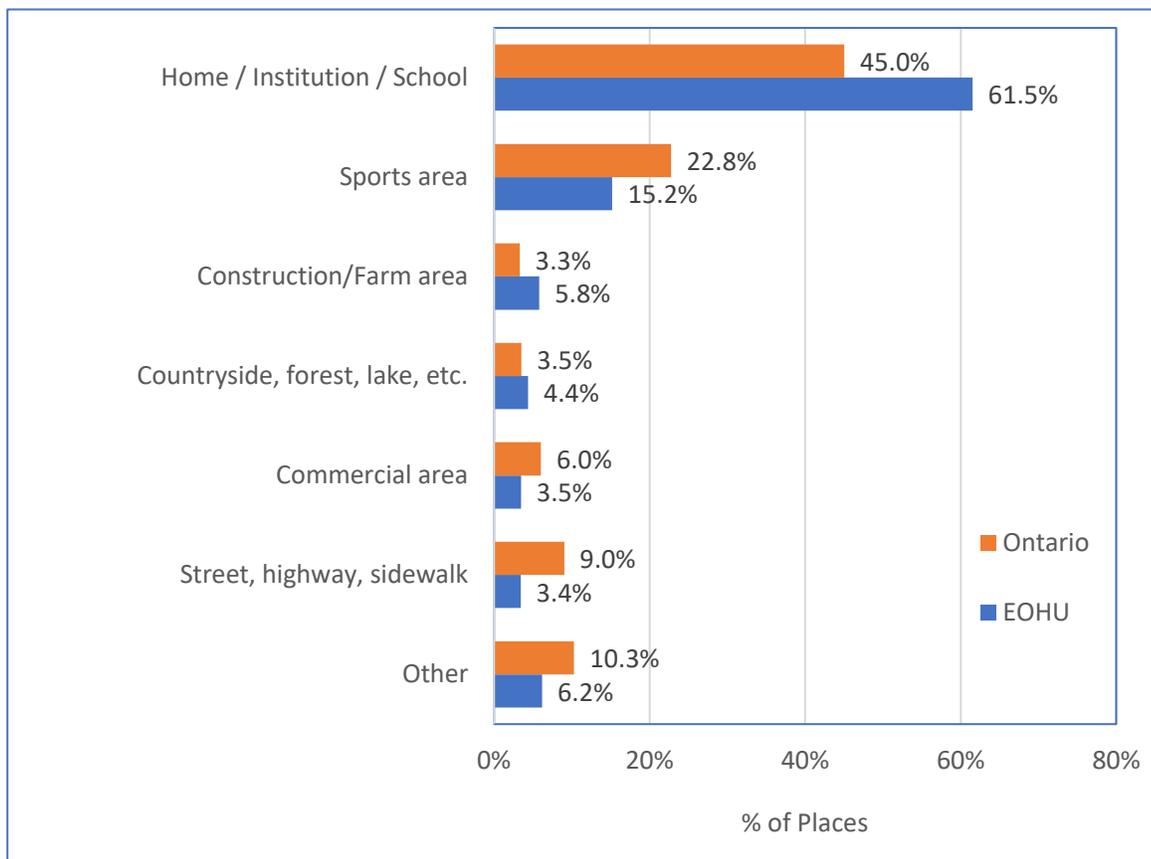
**Figure 06. Type of Fall in Last 12 Months, 2017-2018**



**Table 07. The Place where the Most Serious Other Injury Occurred, 2017-2018**

No	Place	EOHU		Ontario	
		#	%	#	%
1	Home / Institution / School	17486	61.5%	750823	45.0%
2	Sports area	4319	15.2%	379238	22.8%
3	Construction/Farm area	1657	5.8%	55392	3.3%
4	Countryside, forest, lake, etc.	1242	4.4%	58736	3.5%
5	Commercial area	986	3.5%	100534	6.0%
6	Street, highway, sidewalk	978	3.4%	150603	9.0%
7	Other	1755	6.2%	171572	10.3%
Total		28423	100.0%	1666898	100.0%

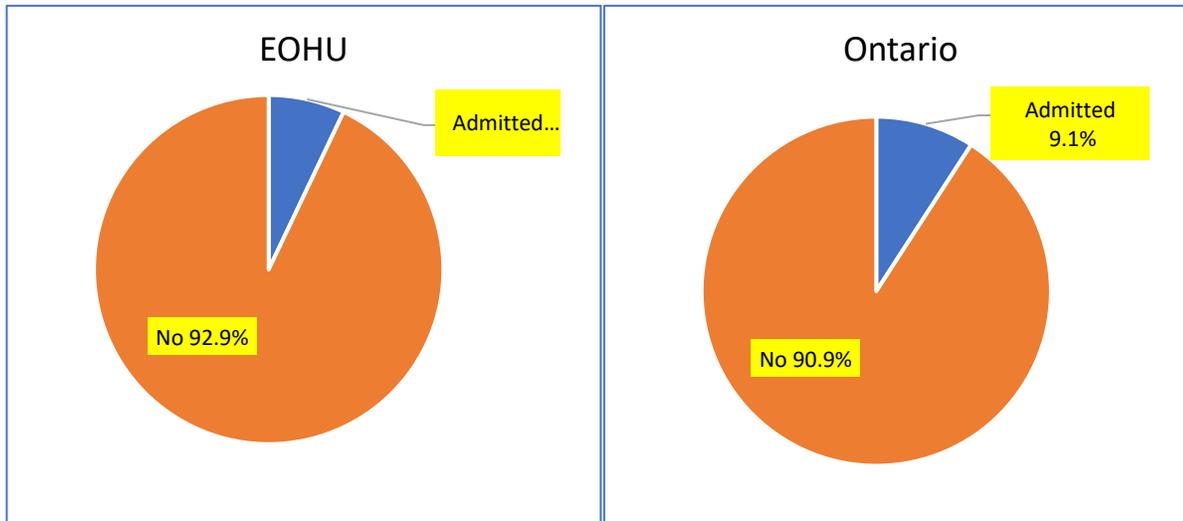
**Figure 07. The Place where the Most Serious Other Injury Occurred, 2017-2018**



**Table 08. Most Serious Other Injury - Admitted to a Hospital Overnight**

	EOHU		Ontario	
	#	%	#	%
Admitted	1173	7.1%	87101	9.1%
Not Admitted	15439	92.9%	865231	90.9%
Total	16612	100.0%	952332	100.0%

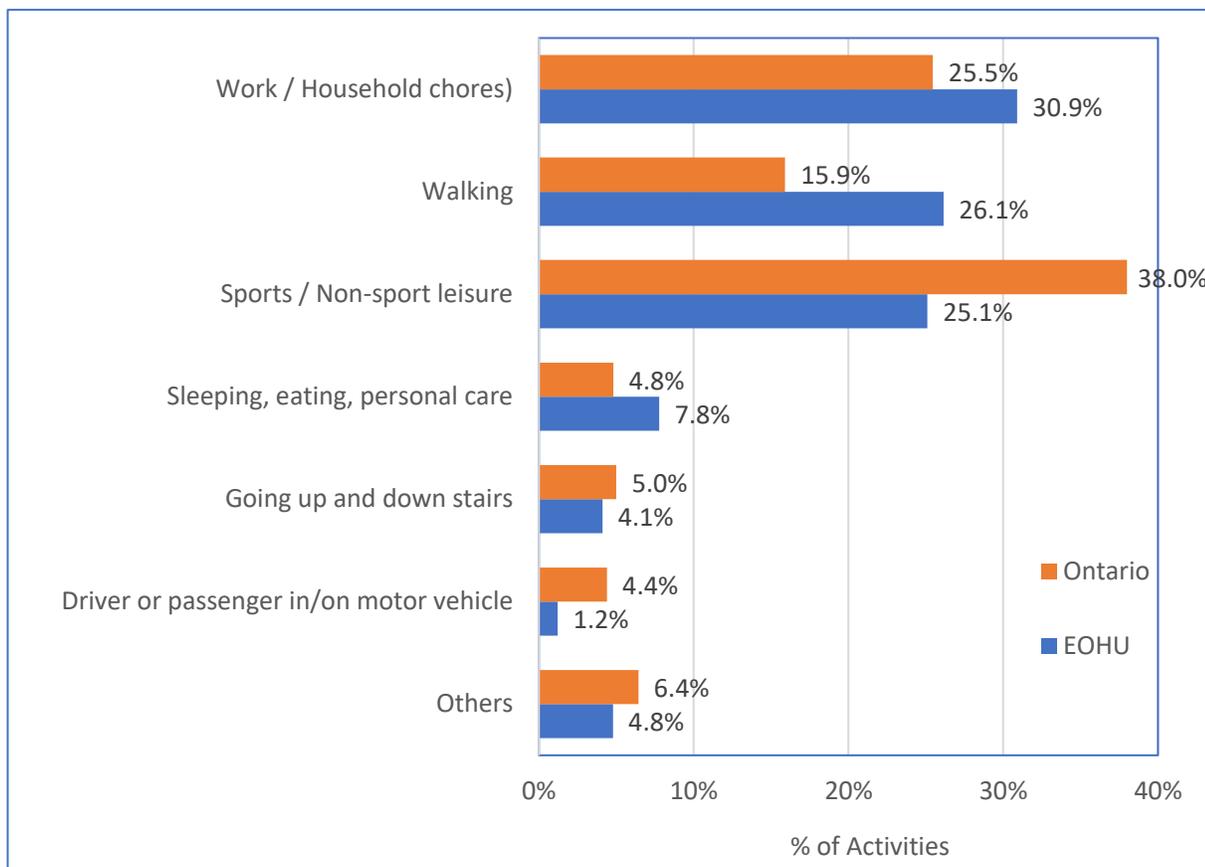
**Figure 08. Most Serious Other Injury - Admitted to a Hospital Overnight**



**Table 09. The Activity Performed while the Most Serious Other Injury Occurred in Last 12 Months, 2017-2018**

	EOHU		Ontario	
	#	%	#	%
Others	1344	4.8%	106094	6.4%
Driver or passenger in/on motor vehicle	341	1.2%	72552	4.4%
Going up and down stairs	1155	4.1%	82573	5.0%
Sleeping, eating, personal care	2185	7.8%	79407	4.8%
Sports / Non-sport leisure	7056	25.1%	627042	38.0%
Walking	7347	26.1%	262488	15.9%
Work / Household chores)	8683	30.9%	420075	25.5%
Total	28111	100.0%	1650231	100.0%

**Table 09. The Activity Performed while the Most Serious Other Injury Occurred in Last 12 Months, 2017-2018**



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