HOW TO WEAR AND REMOVE AN N95 MASK

WEAR



Wash or sanitize your hands before putting on the mask.



Position the mask on your face by pulling the bottom strap over the head and under your ears, then the top strap over your head.



Choose the correct size of N95 mask that fits you.



Adjust the nose piece to the shape of your nose.



Cup the mask in your hand with straps hanging below your hand.



Perform fit check by ensuring seal of the mask. If air leaks upon exhale, adjust the mask.

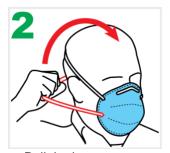
REMOVE



Wash or sanitize your hands before removing the mask.



Do not touch the front surface of the N95 mask.



Pull the bottom strap over the head to remove.



Discard the mask in the garbage.



Gently pull the top strap over the head to remove.



Wash or sanitize hands.





